



INFO PACK

Dear partners and participants, in this document you will find all important information about our youth exchange „Act now for better future“ that will be held from **10th of November until 18th of November** in Zagreb, Croatia. Please read the information carefully!

Welcome to our YOUTH EXCHANGE!

This Information Pack shall provide you with all the necessary information to guarantee a great, interesting, educational, funny, respectful, joyful and creative experience under the guidelines of the EU Erasmus + Programme.

Summary

The „Act Now for Better Future“ Project was created as an outcome from devastating results of the internal research conducted by the Project coordinator and partners who had an opportunity to be both the participants as well as the project managers on several dozens of Erasmus+ projects. During our participation in such projects, we got a good view on opinions and views of the young participants from other countries manifested through xenophobic, intolerant and racist views and distorted moral values. Furthermore, while interacting with younger members of the Association, youth in our everyday environment and our Partners (who told us about situation in their organizations and everyday life) we noticed that we all share the same problem - different forms of intolerance are particularly visible among the youth, but they exist between youth workers as well.

Most effective tool for overcoming the aforementioned difficulties and problems is education, especially when it comes to youth. Therefore the goal of this Project is to raise, through non-formal education, the awareness of the youth about the importance of human rights and tolerance and finally the implementation of concrete actions.

Subsequently the main goals of this Project are:

- introduction to the concept of human rights and tolerance
- developing attitudes in youth about the importance of possession of fundamental rights from the individual point of view as well as from social environment
- encouraging respect and protection of the basic human rights of every individual
- learning how to control anger as the emotion of intolerance
- strengthening the partnership between the organizations
- launching the campaign as the result of the dissemination of project results
- encouraging youth to get more involved as well as organization of the similar activities in the community.

The Project will be implemented by the Association of the Deaf and Hard of Hearing of the City of Zagreb in partnership with six partners - Italy, Bulgaria, Spain, Turkey, Slovenia and Romania.

There will be 43 participants who will take part in the activities of this exchange that will last for 8 days in the City of Zagreb. During that time they will learn how to promote tolerance and human rights through the non-formal learning methods. By doing this, we will develop knowledge, skills and attitudes in participants necessary for the understanding of the human rights as well as the understanding that human rights matter, that they should be respected, protected and plead for regardless on situation and personal moods.

By expanding the outcomes of the Project we will achieve its visibility on national and international level which will have development of the new project ideas and partnerships as the final result. This will also prove valuable with organization networking on international level, all of which will continue their work on the promotion of human rights and tolerance as well as the education of the youth on the mentioned problems.

This Project aims to raise awareness for the need for this kind of projects and is conceived as the starting point for the implementation of the similar activities in the variety of other organizations. It also emphasizes the importance of the promotion of tolerance and human rights, respectively the importance of the education of the youth.

Problems such as intolerance and disrespect will continue to grow on global level but they need to be addressed locally and even individually. Therefore, these activities will enable the change that starts in the individual and then spreads to the group of youth which is the only possible way for them to spread to the world.

Hosting Organization

Participants

We believe that the approach to recent events regarding human rights should be changed and we want to address true causes that led to the unfortunate events and trends that appeared in the countries that receive refugees and immigrants, using non formal learning as a tool that has proven to be efficient and groundbreaking. Therefore, considering the needs of the organizations involved, we have decided to address this youth exchange to 43 young people, youth leaders and multiplier that are willing to take active part in every step of this project.

All of the participants are expected to be active in youth work either voluntarily or professionally.

Following the general recommendation of Erasmus+ Programme as the one being designed to provide opportunities to youth with fewer opportunities.

Their profile is as follows:

- 1) Cultural differences - participants from this category are the ones having different cultural background. This project will enable them to gain theoretical and practical knowledge about different cultures, enabling them to understand cultural differences better and provide activities on this topic, thereby disseminating the competences acquired.
- 2.) Geographical obstacles- participants facing these obstacles will be youth workers / leaders coming from geographically deprived areas, such as rural or isolated areas.
- 3.) Disability – we will have deaf people involved in this project. So we will prepare sign language translator during whole project period. We encourage ur partners to involve young people no matter what kind disability they face and involo them in youth work.
- 4.) Social obstacles - participants that fall into this category are the ones facing different levels of social exclusion based on several reasons - minorities, genderdiscrimination etc. By providing them an opportunity to participate in this project they will not only gain tools for human rights protection, but also raise their selfconfidence and gain attitudes that will help them fight their deprived position later in the future.

Special attention will be paid in assuring full gender balance.

Age – Participants age is from 18-25 y.o., and for group leaders their is no age limit.

Working methods and preparation for project

The project is organized by and for young people. Our activities during the preparation, implementation, evaluation and follow up phase ensure active participation of young people in each stage of the project. We want the project to make a positive change in the life of all participants and thus we value their reaction, opinion and feedback at every step of this project. Working methods of this project are based on: active participation in workshops, presentations, study visits personal and group discussions brainstorming and sessions aimed to deepen the understanding on the topic personal development activities and reflection sessions team-building activities, energizers, games social campaign role play

*****Future participants are expected to be involved in disseminations of project results. *****

Financial conditions (travel, accommodation)

Accommodation and food: 100% covered by Erasmus + Program

Travel costs: are budgeted according Erasmus + conditions (using the EU distance calculator)

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Partners, travel costs and number of participants are as follows:

Romania – Centrul pentru Recuperare, Reabilitare si Educatie Speciala - 170, 00 € per participant / 6 participants (5 youth + 1 group leader)

Bulgaria - druzhenie "Blyan za romantika, cvetya i kosmos" – 170,00 € per participant / 6 participants (5 youth + 1 group leader)

Slovenia – Javni zavod Center za mlade Ruse- 20,00€ per participant / 6 participants (5 youth + 1 group leader)

Turkey - TURKIYE GENCLIK BIRLIGI DERNEGI – 170, 00 € per participant / participants (5 youth + 1 group leader)

Italy - Comitato d'Intesa tra le associazioni volontaristiche della Provincia di Belluno – 80,00 € per participant / 6 participants (5 youth + 1 group leader)

Spain - IES Azarquiel - 170,00 € per participant / 6 participants (5 youth + 1 group leader)

Travel (ARRIVAL & DEPARTURE)

The participants should arrive to Zagreb on 10th of November and depart on 18th of November 2016.

Some info about transportation:

1. Airport to city centre timetable: <http://www.plesoprijevoz.hr/en/page/timetable>

2. Main bus station: www.akz.hr

3. Main train station: <http://www.hzpp.hr/en>

If you arrive by plane, you should take the Pleso airport public bus that will take you directly to Main Bus Station. There you will be picked up by our volunteers. In case you decide to travel by train or bus you will arrive on Main (bus/train) station and will be picked up by our volunteers.

We kindly remind you that early accommodation and extra overstays will be your responsibility.

IMPORTANT!

- Make sure you have a valid (not expired) ID card or a valid Passport.
- Make sure to have your **European Health Card** in your wallet, for Turkish participants travel insurance.
- Pack in your hand luggage some "back-up" clothes and underwear in case your suitcase gets lost in the airport.
- Keep **all your boarding passes and travelling tickets otherwise we will not be able to make any reimbursements.**
- Only public transportation will be reimbursed (e. g.: taxi at your own expense).

Venue and Accommodation

- The youth exchange will take place in Zagreb, the capital of Croatia. Further info about Zagreb can be found here: <https://en.wikipedia.org/wiki/Zagreb>
- Participants will be accommodated in hostel near to our association.

<http://www.mywayhostels.com/#!zagreb-about/mainPage>

- Internet connection will be available at all venues of the project
- Towels are provided by the hostel but we advise you to bring your own personal hygiene items.
- The hostel is only 10 minutes walk or tram ride from the main city square and there is a shopping mall few minutes walking distance

In case you want to arrive in Zagreb before or stay longer after the youth exchange, you have to arrange your accommodation at your own expense.

WHAT TO BRING, WHAT TO PREPARE

Materials about Your Organization:

During the YE each one will get the opportunity to present his/her own organization in a visual way during NGO Bazaar.

We encourage you to bring as much –relevant- materials as possible.

Please bring with you:

- Information – in English! - About your organization; brochures, leaflets, etc.
- All relevant information you have on the previous international project(s) you've organized / been part off (reports, gadgets, and press releases).
- Picture, posters, etc.

Intercultural Evening

Please bring something typical from your place: food, drinks, traditional clothes, music, any “strange stuff” to show, say us some curiosity about your traditions or social behaviors, teach us some dance, play a traditional game, everything but power point presentation and touristic videos from YouTube!

Comfortable clothes

Make sure to bring comfortable clothes. During November the weather in Croatia can be very cold. You will need some warm clothes along with few short sleeve tshirts.

Do not forget to bring a jacket. Of course, check the weather forecast before packing.

Personal insurance

Insurance cover for personal effects is the responsibility of the individual participant.

Participants are expected to provide themselves adequate medical and travel insurance to cover the period of your stay in Croatia, which we strongly recommend. Neither our organization nor any venue used during the event can entertain claims against loss of or damage to personal property.

PROOF OF ALL THE TRAVEL EXPENSES

If you come by plane, please be sure to bring evidence of the sum actually paid (invoice) and boarding pass. Electronic tickets will only be considered as acceptable on proof of payment (invoice) and on presentation of the boarding pass for the outward journey. Please keep in mind the travel rules of the ERASMUS PLUS Program. If you come by train or bus do not forget to buy a return ticket. Please copy your tickets before you leave your home.

For the reimbursement you need:

- An invoice for the tickets.
- A receipt (showing that you have paid the money) – only for train and bus tickets;
- printed document showing that the money was paid (receipt, bank confirmation etc.) – for the airplane tickets;
- Flight ticket (with the name of the passenger and flight details);
- All boarding passes;
- A printed confirmation of reservation.

Please, make sure that you have all these papers when you come to the Youth exchange (of course, the return boarding passes might be sent after the YE).

P.S. Please send us the prices of the tickets when you have them, so we could plan our budget.

Reimbursement will be done on bank account of our partner organisations.

NB! Please note that we cannot reimburse travel costs if you lose your tickets or we do not receive all details and proofs of your expenses!

Please, do not buy any tickets before our approval!